## Board Meeting: Tuesday January $30^{\text {th }}$ 6:30 pm Zoom Meeting

## Guild Meeting:

 Meet the MembersTuesday January $2^{\text {nd }}$
6:30 pm
Quilt Works 11105 Menaul Blvd NE Albuquerque NM 87112

## Announcements:

## New Meeting Location!

We will now meet at Quilt Works! The address is 11105 Menaul Blvd NE, Albuquerque 87112. Same Time.

Calling all quilts! Calling all quilts! ABQ MQG will be making a calendar! We learned to photograph our quilts at the November meeting. Now send in a picture that could be in our calendar. Calendar will be sold at Destash and online. All entries should be in by January 31, 2024. Please email to sewodyssey@gmail.com. Please put Calendar on the subject line. The guild members will be voting in March 2024.

The guild will be exchanging quilted post cards with The Melbourne, Australia MQG and the Ottawa, Canada MQG. A sign-up email will be sent out in January.

## Just Keep Growing: New Skills and New Faces!

We are planning to have educational demos before the monthly meetings. (New Skills) l'm calling on members to share their tips and tricks to make quilting better or easier. There is a lot of talent in our Guild, so come on members...SHARE! Please contact Judie Pokakaa If you wish to share. Thank You!

Longarm group First Saturday 9:30am-11am Saturday Sew Day
Second Saturday 11am-
4:00pm
Zoom Meeting
Paper Piecers
Third Sunday 1 pm-4pm

## Upcoming Events:

February (H) - Hot Chocolate and Conversation about Cleaning our sewing machine by Ryan Strauss.
March (Z) - Batting class with Lyn Heilman of Battingsupersale.com April (Z)- Sew Together Quilt shop - Heidi - New fabric lines, new product, and what is it like to own a quilt shop. May (H) - Lemonade and conversation - Scraps June (H) - UFO Trunk show (Members bring a UFO finished or not for show and tell - Discuss organization and tips to finish them.


## Letters From the Board



Welcome to 2024! We are looking forward to a year of excitement and creativity in our Guild. Our theme this year is "Just Keep Growing: New Skills and New Faces". As you meet new people in the new year, please invite them to attend and then join our Guild. There is no entry requirement for membership, all people at all skill levels are welcome. Let's share the community that we have built. The BOM will help you learn new skills. Each block shows a different technique. The reimagined block gets your creative juices going. We can't wait to see the blocks you come up with! Remember this is for your enjoyment!

We start the year with learning more about a few of our members. Then we will be learning more about taking great care of our machines. Our guild activities can help you avoid the winter doldrums. Thanks to all the volunteers who make our Guild run. This transition season can be overwhelming. Please take care of yourself, you are worth it! Exciting events and more surprises are being planned for 2024. Forward together!

Happy New Year!
Your Board Members!


## Quilt History

## What is a Baltimore Album Quilt?

A Baltimore Album Quilt (BAQ) is a type of album quilt made in Baltimore for or by someone living in Baltimore. Quilts made with the distinctive Baltimore Album designs were first seen in and around Baltimore, Maryland in the 1840s. Unlike traditional quilts, which were created with fragments of worn-out clothes or leftover pieces of fabric (Crazy Quilts), album quilts were made with newly purchased fabric that was readily available in the prosperous port cities. The designs were also different. Instead of a single or repeating pattern, each section or "block" of the quilt contained an intricate appliqué using red and green as the predominant colors. Designs included floral sprays, animals, patriotic and fraternal motifs, people, cornucopias, and ships, often with embroidered details. The quilts were large, eye-catching and they showcased the maker's needlework skills.

Style 1 are high style multi pieced blocks which are elaborately appliqued with floral wreaths, baskets of flowers or fruit, monuments, cornucopias, patriotic design, eagles with the American flag, birds, and butterflies. These blocks consist of 100 to 175 appliqued individual pieces. Here are four examples:


Style 2 are the simpler blocks with fewer applique pieces that consist of 10 to 30 pieces. Many of these style blocks are mostly red and green. Here are two examples:


Style 3 blocks consist of mostly solid fabrics with 35 to 60 appliqued pieces. These blocks are found in BAQs dated 1846-1848. However, there is only one BAQ with this type of block dated after 1848. These blocks are often referred to as hot dog rose although not all have a rose. The style of the block determines this style. Below is a photo of Style 3. This quilt is a reproduction from 9 Baltimore Album quilts.


Album quilts owe their name to the 1820s tradition of having an album in the family parlor so guests could sign their names and inspirational phrases. Magazines of the time offered suggestions and poems that could be used for this purpose. Add this custom to the availability of indelible inks that made it possible to leave permanent marks on fabric and the album quilt was born.
January Birthdays

Marianne Udell Coral Krysztofik Beverly Ann Schleimer

Laurie Moodie
Cynthia Fowler Jan Lehmann-Shaw

Alison Olson
Sandra Roybal


Visit https://www.favecrafts.com/Quilting/Happy-Birthday-Cake-Quilt-from-C-T-Publishing to make this wall hanging!

## Newsletter

## Editor: Judie Pokakaa Dale Jarvis

## Please send:

 Articles Photos Group Updates Member Ads Special Events to SewOdyssey@gmail.com By the $15^{\text {th }}$ of the month
## Welcome New Members



A NEW MENBER YOU HADE BECONE

A WARM WELGOME YOU SHALTMAVE

## Quilting Tibits

- The average quilter is 63 years old.
- "Dedicated quilters" (those who spend more than $\$ 500$ per year on quilting) buy, on average, 99 yards of fabric a year, almost an entire football field's worth!
- Dedicated quilters usually spend an average of $\$ 3,363$ on quilting supplies per year.
- Beginner quilters spend an average of 6.9 hours a week on their craft. Advanced quilters spend around 17.6 hours.
- Dedicated quilters spend almost 8 hours online per week visiting quilting sites and groups centered on quilting techniques, supplies, and news.


## Community Service

## Girl Scouts

We will need volunteers to help teach Girl Scouts to sew and quilt. The first project will be a pillowcase. The next two projects will be an easy quilt, then a Holiday item. We will also need fabric donated. A sign-up email will be sent in January!

## The Ronald McDonald House

The House provides quilts to all the kids who stay at the house even if they are not the child in the hospital. They have large blankets; however, they are very low on baby blankets. In February and March, Judie will be donating blankets. If you can make a baby blanket, please bring it to the next meeting.

## Ryan's Case for Smiles

Bring Pillowcases to the monthly meetings. Donations are made monthly to UNM Children's Hospital. Other needed items are quart size Ziplock bags. See website: https://caseforsmiles.org/newmexico/
Local Coordinator: Judie Pokakaa

## Quilt Education

## Hi Quilters!

## Technique Tip of the Month

This video shows you how to use the Folded-Freezer-Paper-Method for paper piecing blocks that you trace or draw (or print with your printer) on the non-shiny side of the freezer paper. Since you do not sew through the freezer paper, you do not "rip" the paper off the fabric after you sew the fabric pieces together according to your block pattern. Yippee! Additionally, you can use your freezer paper pattern repeatedly! Finally, just FYI, you do not need to buy the add-a-quarter ruler... just use your regular seethrough quilting ruler and carefully measure a quarter inch from the folded edge as shown in the tutorial. Here is a link to learn this very clever technique. https://www.youtube.com/watch?v=UifiLQflGc4

## Block Talk

Below is a link to a fabulous online resource that contains over 500 free block patterns! (You might have way too much fun going down this rabbit hole...) When you click on the link below, be sure to scroll down to the bottom of the first page and choose the Page 1 link in the lower left corner of that screen. After you peruse those free quilt block patterns, use your back-button to return to the home screen, and then choose Page 2, and repeat the process. On this website, there are 60 pages of free patterns, with several patterns on each page. https://www.quilterscache.com/QuiltBlocksGalore.html

## Quilting Design Inspiration

Here is an inspiring lesson on "background fills" for anyone who quilts on a domestic machine (or maybe wants to do so, someday). https://www.youtube.com/watch?v=fnpiWmpCoZc
"Stitch to This" Recommendation Consider doing some hand-stitching (maybe a quilt binding?) as you watch this suspenseful Alfred Hitchcock movie, which stars Grace Kelly. https://tubitv.com/movies/326245/dial-m-for-murder?start=true

Let's make something beautiful!

## The ABQ MQG Book Club

Each month, the newsletter will feature two books - one fiction and the other focused on quilting. Additionally, we will provide a free pattern for book loving sewing enthusiasts. Feel free to connect with a book buddy to discuss the books. Share your creative projects by uploading them to Instagram with the hashtag \#ABQMQGBookclub, and don't forget to bring them or upload them for Show and Tell. Happy reading and crafting! (We are looking for a member that will host a monthly Zoom meetup.)


Confessions-from-the-Quilting-Circle

Kindle, Audiobook, hardcover, paperback

I love to listen to Audio books and sew!


The Ashwood women don't have much in common...except their ability to keep secrets.

New York Times bestselling author Maisey Yates enthralls with this powerful novel of redemption, trust, and the power of sisterhood.

When Lark Ashwood's beloved grandmother dies, she and her sisters are bequeathed an unfinished quilt. Finishing it could be the reason Lark's been looking for to stop running from the past, but is she ever going to be brave enough to share her biggest secret?

Hannah can't believe she's back in Bear Creek, the tiny town she sacrificed everything to escape from. But the driven musician's plan is to renovate her grandmother's house and leave as fast as humanly possible. Until she comes face-to-face with the only man who's ever been able to distract her...

Stay-at-home mom Avery has built her perfect life, but at a cost. She'll need all her family around her, and all her strength, to decide if the price of perfection is one, she can keep paying.

This summer, the Ashwood women must lean on each other like never before if they are to stitch their family back together, one truth at a time....
(From Amazon)
I enjoy keeping a record of the books I read, and here is a quilted journal cover for you. It's designed to fit a composition notebook, providing a stylish space to document not only your literary adventures but also your quilt projects throughout the year. You can download the PDF and tutorial below:

Quilted Journal Cover
The Tutorial


Learn how to create stunning modern quilts with the Modern Quilt Bible: the ultimate reference guide to patchwork and quilting techniques. Author of Beginner's Guide to Quilting Liz Betts explains over 100 techniques used by designers to create eye-catching modern quilts.
Try your hand at improv piecing, free motion quilting, playing with scale, curved piecing and much more. There are featured quilts from the world's best modern quilt designers and ten unique quilted projects using a range of modern quilt techniques so you can practice your new-found skills. Get it here! Or from the Guild Library.

## Happy Birthday ABQ Modern Quilt Guild



## ABQ Modern Quilt Guild History

From Debbie Rogulich, the Guild Historian
The MQG developed out of the thriving online community of modern quilters and their desire to start meeting in person. The founding guild was formed in Los Angeles in October of 2009. Through blogs and the Internet, word spread quickly of the fun they were having and soon guilds began popping up everywhere. Kansas City started the second in Jan 2010.

During the spring and summer of 2010, a group held monthly meetings at Hip Stitch with an emphasis on Modern Quilts. By October, they had switched to a Modern Sewing Group. This group was led by Alexandria Winston, and in 2014, she wrote "Quilt LabThe Creative Side of Science: 12 Clever Projects." (Pictured below.)

At the Dec. 2010 NMQA meeting Bralia Mease spoke with Suzanne Kelly about creating a Modern Quilt Meeting at Hip Stitch. The first meeting was held in January 2011. In 2011 the participants only made informal and occasional donations.

Formal payment of Dues was established in Jan. 2012, Initially the amount was set at $\$ 20$ for the year. By the end of the year, our guild had 19 members, 36 members at the end of 2013 and 43 members at the end of 2014. Our Constitution and By-Laws were established April 3, 2014.

We sponsored the "Best of QuiltCon 2015" display at the 2015 Fiber Arts Fiesta. Our membership grew rapidly after that introduction to our guild. QuiltCon was held in February in Austin, TX, and Fiber Arts Fiesta was held May 12-13, 2015.

ABQ MQG Banner History - Lois Warwick did the piecing, Sally Williams and Laurie Moodie did the applique, and Renee Hoffman did the awesome quilting. The AMQG logo was designed by Rob Lowe of Santa Fe. 1st place Group Quilt, September 2015 NM State Fair.


## Caring for your Stash Part 1

Whether your fabric stash is extensive or modest, proper storage and organization are crucial. In this guide, we will explore the significant threats to your fabric stash and effective strategies to counter them.

Have you ever found yourself discarding fabric due to deterioration or damage before having the chance to use it? Fabric can maintain its beauty and usability for many years, but only if it is appropriately cared for. It's evident that using fabric that may have been compromised in storage for quilting is far from ideal. Here are some tips to prevent such issues.

The three greatest adversaries of fabric are:

- Sunlight or other intense light
- Moisture
- Critters

Sunlight or strong indoor lights can cause fabric to fade and weaken over time. To prevent this, consider storing your fabric in a dark place or, at the very least, away from direct light. Consider how even north-facing windows, which don't receive direct sunlight, can fade curtains over time. Prolonged exposure to strong light can result in faded fabric in your stash. During our annual Destash sale, considerable amounts of the fabric was donated that had noticeable fade lines.

Moisture is another fabric foe, causing mildew, mold, odors, and stubborn stains that are challenging to remove. Avoid storing fabric in damp basements or areas with high humidity. Large temperature fluctuations, such as those in attics and garages, can also harm fabric. Therefore, opt for climate-controlled storage environments having stable heat and humidity levels.

Critters, be they insects or rodents, pose a significant threat to fabric. Moths, silverfish, and mice are among the prime enemies, but other insects can also cause damage. Once insects infiltrate your stash, eliminating them becomes challenging, making prevention the best approach.

Considering these factors, storing fabric in airtight plastic containers seems ideal. However, fabric needs to breathe to remain fresh. Many quilters successfully use plastic containers by periodically opening them, shuffling through the fabric, and allowing fresh air in before sealing them again. Choose containers that do not emit plastic or chemical odors, as fabric readily absorbs and retains odors, potentially leading to degradation. Polyethylene, a stable plastic, does not release harmful gasses, making semi-opaque polyethylene containers an excellent choice for prolonged storage.

Paper or cardboard boxes are alternatives to airtight plastic container, but they come with their own challenges. The acid in paper, derived from wood pulp, can cause fabric to deteriorate over time. To counteract this deterioration, conservators recommend wrapping quilts in acid-free tissue paper or clean fabric before storing them in archival quality acid-free boxes. Select storage containers based on how long you anticipate keeping fabric in your stash before using it. Keep track of when you acquire batches of fabric, and don't forget to air and rotate your fabric once or twice a year.

For those seeking a practical solution, fabric storage boxes provide sturdiness with windows allowing visibility. They permit fabric to breathe while keeping it dust and critter-free, and they come in various shapes and sizes. (Watch for part 2 in February's edition.)


# CALL FOR ENTRY 

Click here for Fiber Arts Fiesta Page
we would love to see ABQMQG represented at this wonderful event!

Fiber Arts Fiesta



Open for entries 10/1-1/7/24

## Membership

Please invite friends and family to the meetings. We want to grow the Guild's membership! More members mean more friends and fun!

At the meeting in December, we had 22 members in person, 8 on zoom, 0 guests, and 1 new member, a total of 31 attendees. Our guild has 115 members!

We are planning a new member event in in 2024. Stay tuned for further information.
Please update any changes to your contact information, including email and your birthday in your profile.

Remember to renew for the 2024 quilting year! Thank you to all that have renewed!!

Holly Strasburg is our membership coordinator. Please see her with any questions.


## Block of the Month

By Judie Pokakaa
A great way to get involved in ABQ MQG, is to participate in the Block of the Month (BOM) program. It's a great way to try out different techniques, work in a variety of color ways, learn about different modern designs, and maybe even win a few prizes!

But you might be wondering...

## How does Block of the Month work?

- Each month at the ABQ MQG Meeting we will show you the next BOM block. (We also post it in the Newsletter and on social media.)
- The first will be a modern quilt block.
- Go home make the block; make one, make two, make more... by participating you are learning a new skill, trying a new block, or stretching your creativity.
- The second will be a traditional quilt block that you will reimagine it in a new way. Change the colors, move around the pieces, make the block, and cut it up. It is all up to you how you will reimagine a traditional block in a modern way!
- If you like, take a picture of your block, and share it on social media (i.e.: Facebook, $I G)$ using the suggested hashtags. We would love to see them, and it encourages the rest of us.
- Bring your finished blocks to the next month's meeting for Show and Tell and get an extra ticket to the prize drawing.
- You can also upload your block on the ABQ website.


## So WHY participate in the Block of the Month program?

There are many points of entry and levels of engagement guild members can choose to partake in. Some come to the Guild and don't know how to really get involved or get the most out of their membership.

## This program is great for people who:

- Want to learn more about modern quilting.
- Want to learn a different technique or aspect of modern quilting.
- Want to work on their sewing skills and learn new techniques they can test out on a block and then try again on their own quilts.
- Want to be a part of something bigger: make a second or third block to trade with other guild members!
- Want to have fun with the BOM.


## This Month's BOM

By Judie Pokakaa

This Month's block is paper pieced. Here you will find a great tutorial. It includes this block pattern. This YouTube video uses the same pattern as the tutorial. You should make several blocks to make sure you got the hang of paper piecing. I will do a demo at the January meeting.

Now on to the BOM: Spinoff


Print these templates at $100 \%$. You must add the $1 / 4$ inch seam allowance. I printed them on legal sizes paper and drew the seam allowance on before I cut the out.

Templet A Outside Templet B Center

Paper piecing is not for everyone. I find that quilters love it or hate it. My first quilt was 100 blocks in 100 days. I fell in love with paper piecing. I love the crisp lines and points matching. My regular piecing is not so great, but practice makes perfect. I also make mini dollhouse quilts and paper piecing works well for the tiny quilts.

Here are a few tips for beginners. First, always measure your templates. Most templates have a one-inch square. Make sure your printer is printing at $100 \%$. Second, color code your blocks before you sew. It makes it easier to make sure you are grabbing the right fabric for each section. Third, be careful with trimming. I love paper piecing, but I still trim something wrong. Fourth, shorten your stitch length. It makes it easier to take the paper out. There is also a foundation paper piecing water pen that you fill with water and wet the stitch lines and tear the paper out. You can check out the pen here. Lastly glue is your friend. I use washable glue sticks to lay my first piece down. Some quilters use a pin, but I keep sticking myself.


ABQ Modern Quilt Guild


## Block Reimagined

## Grandmother's Own quilt block

Let's play with COLOR! This block is a great block to use colors you would not normally put together. Below is how to make the block. Use color to make it a modern block.
Bring your blocks to February's meeting to compare with others. This is not a requirement; this is just for fun! Find the full tutorial here.

## Fabric Requirements for a 12" Finished Grandmother's Own Quilt Block:

- Light/White: 4-2.5" squares
- Medium/Orange: 4-2.5" x 6.5" rectangles, and 4-2.5" $\times 4.5^{\prime \prime}$ rectangles
- Dark/Navy: 1-4.5" square, and $8-2.5 " \times 4.5$ " rectangles



## Bacon Chocolate Crack

From a quilting friend
Ingredients

- 24 unsalted saltine crackers
- 6 tbsp. unsalted butter
- 3/4 c. brown sugar
- 8 oz. semisweet chocolate chips
- 8 slices bacon, cooked and crumbled


## Directions

Flaky sea salt, for sprinkling
Step 1 Preheat oven to $350^{\circ}$ and line a baking sheet with foil. Place a single layer of saltines on the sheet.

Step 2 In a medium saucepan, melt butter and sugar over low heat. Increase heat to medium and bring to a boil. Remove from heat and pour sugar mixture evenly over crackers, spreading if necessary. Transfer to oven and bake until deep golden brown, 12 to 15 minutes.

Step 3 Immediately scatter chocolate chips in an even layer on top and let sit for 3 minutes then spread chocolate over caramel.

Step 4 While chocolate is still warm, scatter bacon over top and let set. Cut or break into pieces before serving.

Got a recipe you want to share with the guild, send it to SewOdyssey@gmail.com.

## My Quilt App by Kiley’s Quilt Room

Thank you, Amy Bigbee, for sharing this app!
The My Quilts App is the new modern way to catalog and journal about your quilts and quilt-related projects! Keep them all in one handy place in cataloging your quilts so easy and simple. You can then edit your
 projects as you work on them and add photos as you work. You can make your projects public to share with your friends and other users. Then you can save your favorite projects from the public wall. The best part? This app is completely free! You can download it from the iOS app store or the Google store.

## Doo Dah collections in January



People will donate $\$ 5$ for each DooDah they choose.
The more DooDah's the like the more money they will donate to Watermelon Mountain Ranch Animal Center.
New Mexico's Largest No-Kill Animal Shelter for Dogs and Cats.


A DooDah is a small handmade fiber item that fits in a sandwich or quart ziplock bag and be about $\$ 5$ in value.


The items need to fit in a sandwich size ziplock bag, and be about $\$ 5$ in value. What would you place in this bag?


Longarm Quilting by Tisha Cavanaugh
Edge-to-Edge and Hand Guided Custom
505-453-1557 Quilticing@gmail.com

Mention this ad to get 25\% off batting for quilts dropped off in December.

## Advertise your business in Quilt Scraps!

Newsletter Advertising Rates for Quilt Scraps
Effective January 1, 2024

| Size | Dimensions <br> width X height | 1 month | 3 months | $\mathbf{6}$ <br> months | $\mathbf{1 2}$ <br> months |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Business Card | $3.5 \times 2$ | $\$ 10$ | $\$ 30$ | $\$ 50$ | $\$ 100$ |
| Quarter Page | $3.5 \times 4.5$ | $\$ 20$ | $\$ 60$ | $\$ 110$ | $\$ 200$ |
| Half Page | $3.5 \times 9.5$ | $\$ 50$ | $\$ 150$ | $\$ 290$ | $\$ 500$ |
| Full Page | $7.25 \times 9.5$ | $\$ 100$ | $\$ 300$ | $\$ 550$ | $\$ 900$ |

Quilt Scrap is published around the 20th of the preceding month (i.e., May is published around April 20th). Our newsletter is public; anyone can access it by going to:
https://amqg.wildapricot.org/
The newsletter also emailed to over 300 people a month!
Please email Judie at Sewodyssey@gmail.com
if you have any questions or want to place an ad.

## Holiday Swap and Show and Tell 2023



